**IFCPC-IARC Colposcopy and Cervical Cancer Prevention**

**Training course – *competencies logbook***

The 51 competencies that each trainee should have, as a minimum, are:

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| **Competencies** | **Date**  **Trainee self asserts** | **Date**  **Trainer confirms** |
| **Preliminary** | | |
| 1. Understand the development of cervical pre-cancer |  |  |
| 2. History taking |  |  |
| 3. Positioning of patient |  |  |
| 4. Insertion of vaginal speculum |  |  |
| 5. Perform cervical smear (including endocervical sample) |  |  |
| 6. Perform bacteriological swabs |  |  |
| 7. Take samples for HPV testing |  |  |
| 8. Practice complies with Health and Safety recommendations |  |  |
| 9. Understand National Cervical Screening Guidelines |  |  |
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| **B. Colposcopic examination** | | |
| 10. Position and adjust the speculum and colposcope |  |  |
| 11. Determines TZ type |  |  |
| 12. Determines whether or not colposcopy is adequate |  |  |
| 13. Recognises abnormal vascular patterns |  |  |
| 14. Examination of TZ with saline +/- green filter |  |  |
| 15. Examination of TZ with acetic acid |  |  |
| 16. Quantifies and describes acetic acid changes |  |  |
| 17. Uses endocervical speculum |  |  |
| 18. Schiller's Test |  |  |
| 19. Examination of vagina with acetic acid and iodine |  |  |
|  |  |  |
| **C. Colposcopic features of the normal cervix** | | |
| 20. Recognises original squamous epithelium |  |  |
| 21. Recognises columnar epithelium |  |  |
| 22. Recognises metaplastic epithelium |  |  |
| 23. Recognises Congenital Transformation Zone |  |  |
| 24. Recognises features of a postmenopausal cervix |  |  |
| 25. Recognise effects of pregnancy |  |  |
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| **D. Colposcopic features of the abnormal lower genital tract** | | | |
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| 26. Recognise low-grade pre-cancerous cx abnormality |  |  |
| 27. Recognise high-grade pre-cancerous cx abnormality |  |  |
| 28. Recognise features suggestive of invasion |  |  |
| 29. Recognise and assess Vaginal Intraepithelial Neoplasia |  |  |
| 30. Recognise and assess Vulval Intraepithelial Neoplasia |  |  |
| 31. Determine the extent of abnormal epithelium |  |  |
| 32. Recognise acute inflammatory changes |  |  |
| 33. Recognise HPV infection |  |  |
| 34. Recognise condylomata plana |  |  |
| 35. Recognise condylomata accuminata |  |  |
| 36. Recognise changes associated with treatment |  |  |
| 37. Recognise benign cervical polyps |  |  |
|  |  |  |
| **E. Practical Procedures** | | | |
| 38. Administer local analgesia |  |  |
| 39. Determine from where to take directed cervical biopsies |  |  |
| 40. Perform a directed cervical biopsy |  |  |
| 41. Perform a directed vaginal biopsy using appropriate analgesia and biopsy gear |  |  |
| 42. Perform a directed vulval biopsy using appropriate analgesia and biopsy gear |  |  |
| 43. Control bleeding from biopsy sites |  |  |
|  |  |  |
| **F. Administration** | | | |
| 44. Document findings |  |  |
| 45. Manage patients appropriately according to guidelines |  |  |
|  |  |  |
| **G. Communication** | | | |
| 46. Ensure adequate information given to patient |  |  |
| 47. Counsel patients prior to colposcopy |  |  |
| 48. Obtain informed consent correctly |  |  |
| 49. Counsel patients after colposcopy |  |  |
| 50. Break bad news |  |  |
| 51. Communicate well with other health professionals |  |  |

**Trainee’s name (print): …………………….……………… Initials: ………….**

**Trainer’s name (print): …………………….……………… Initials: ………….**